



CONSCIOUS ACTIVISM WEBINAR:

How to Have Healthy Conversations about Our Divisiveness



Hosted by

Alejandra Siroka, founder of Language Alchemy
& **Cristina Star**, Director of TRU Education

This resource list accompanies the 1-hour webinar, available at livetru.org/service-webinar

RESOURCES FOR FURTHER EDUCATION

Blog Posts

- [15 Tips to Have Healthy Conversations about Politics by Alejandra Siroka](#)
- [The Election: Of Hate, Grief and A New Story by Charles Eisenstein](#)
- [Facing History and Ourselves...We Need to Talk](#)

Videos

- [Ted Talk: We need to talk about an Injustice by Bryan Stevenson](#)
- Van Jones personal video on Facebook - To find this search "Van Jones" and look for the live video from 1:14pm on November 22nd, 2016
- *Are we experiencing grief? How do we move forward?* An interview with Lee Pollak & Alejandra Siroka. Keep an eye out for it in the next [Language Alchemy](#) Newsletter, or on either of our organizations' facebook pages

Books

- *Just Mercy* by Bryan Stevenson
- *Man's Search for Meaning* by Victor Frankel
- *Small Great Things* by Jodi Picoult
- *Non Violent Communication: A Language of Life* by Marshall Rosenberg
- *Finding Inner Courage* by Mark Nepo
- *Peace is Every Step* by Thich Nhat Hanh
- *Faces of the Enemy* by Sam Keen
- *Comfortable with Uncertainty* by Pema Chodron
- *Indivisible: Coming home to Our Deep Connection* by Christine Mason

Music [Alicia Key's - Holy War](#)

Game [Facing History and Ourselves: Face the Future: A game about the Future of Empathy](#)

Organizations

- [Language Alchemy](#)
- [Facing History Facing Ourselves](#)
- [TRU Education](#)
- [The Pachamama Alliance](#)